

## [THE END OF OVEREATING KESSLER](#)



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I hope that Dr. David Kessler's book, The End of Overeating, will have the same effect. As I read this book, I was also reminded of how tobacco executives used to spike their products to make them more addictive while testifying in public that no one could ever be addicted to tobacco.

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### **The End of Overeating Taking Control of the Insatiable**

I remember Dr. Kessler's name from his stints in the administrations of George the Elder Bush and Bill Clinton. After leaving the US Food and Drug Administration, I'm not sure I knew what he was doing or where. In fact, he was researching, living, and writing this book, The End of Overeating.

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